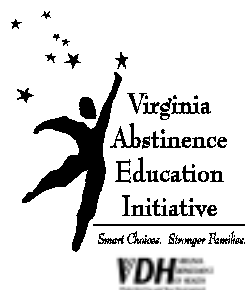


# *A Mother's Influence*



## **Mothers matter!**

**A mother's influence can delay daughter's early sexual involvement.**

### **How?**

- \* When teens know that their mother strongly disapproves of them having sex, they are more likely to delay sexual intercourse.

### **What makes the difference?**

- \* When mothers have a good relationship with their daughters, their daughters are less likely to have sexual intercourse.
- \* When mothers know their daughter's friends and their friends' parents, their daughters are less likely to initiate sex.

**Help your daughter delay early sexual involvement by:**  
Having high expectations for school performance,

Establishing rules and regulations,

Knowing your daughter, and

Having meals together.

Talking with your daughter about the benefits of abstaining from sexual activity is an important part of promoting her health and well-being.

For more information visit us at  
**[www.canwait.com](http://www.canwait.com)** or contact us at **1-877-CANWAIT.**

\*This information is summarized from "Mother's Influence on Teen Sex: Connections That Promote Postponing Sexual Intercourse." For more information about this study or related research, visit [www.cpc.unc.edu/addhealth](http://www.cpc.unc.edu/addhealth).